

NEW GRADUATE STUDENT SUCCESS GUIDE

THE OFFICE OF GRADUATE STUDIES

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BEFORE YOU ARRIVE - CHECKLIST



•	•	•	ACTIVATE YOUR STUDENT ACCOUNT. This is a prerequisite to register for class. Visit <u>loeSS</u> to access your account. Having trouble signing in? Contact <u>registrar@mst.edu</u> for help.
•	•		CONTACT YOUR ADVISOR: Email or meet with your advisor to plan what classes to take your first semester.
•	•		REGISTER FOR CLASSES: Do this as soon as possible after you activate your student account. Visit the Registrar's webpage for more details about important dates and deadlines.
•	•		ATTEND ORIENTATION(S): The <u>orientation webpage</u> has updated information regarding the New Graduate Student Orientation. For a program specific orientation, contact your program department.
•	•		KNOW YOUR CLASSES. Review the Missouri S&T Graduate Catalog for your program year.
•	•		LEARN FINANCIAL AID: Information regarding financial assistance can be found on the <u>Student Financial Assistance</u> webpage (domestic students only).
•	•		CHEK YOUR HEALTH: Review the <u>Student Health Services</u> webpage for details concerning vaccination and student health requirements.
•	•		TOUR CAMPUS: Tour Missouri S&T through our interactive virtual tour.
•	•	•	COMPLETE YOUR DOCUMENTATION: If your acceptance letter outlined missing or incomplete documents such as official transcripts, diplomas, or test scores, please have these uploaded to your application account or email these to <u>Graduate Studies</u> as soon as possible. Incomplete documentation will result in a registration hold on your account until the required documentation is received.
•	•		OBTAIN A PARKING PERMIT. Visit the <u>University Police Department</u> page to learn more about parking on campus.
•	•		MAKE HOUSING ARRANGEMENTS: There are several housing options. Please see our housing and dining section for more information.
•	•		GET YOUR BOOKS AND SUPPLIES: Visit the <u>S&T Store webpage</u> for textbooks, supplies, clothing, and many other items.
•	•	•	ACCESS CANVAS: Visit <u>mst.instructure.com</u> in order to access and set up your Canvas homepage. This is how you will access content, syllabi, and other resources for a large portion of your classes.

TRAVEL OPTIONS





Airport Options

St. Louis Lambert International Airport (STL)

- Air Canada
- Air Choice One
- Alaska Airlines
- American Airlines
- Cape Air
- Charter Flights
- Contour
- Delta
- Frontier Airlines
- Southwest
- Sun Country Airlines
- United Airlines
- Volaris

Book your flight.

Kansas City International Airport (KCI)

- Air Canada
- Alaska Airlines
- Allegiant Airlines
- American Airlines
- Delta Airlines
- Frontier Airlines
- Icelandair
- Southwest
- Spirit Airlines
- United Airlines
- Vacation Express/Miami Air

Book your flight.

Columbia Regional Airport (COU)

- American Airlines
- United Airlines

Book your flight.

Springfield-Branson National Airport (SGF)

- American Airlines
- Allegiant Airlines
- Delta Airlines
- United Airlines

Book your flight.

Driving Options

Driving from St. Louis, Missouri (1 Hr, 45 Min)

• Take Interstate 44 West to Exit 186 to Rolla, MO

Driving from Kansas City, Missouri (3 Hrs, 30 Min)

- Take Interstate 70 East to Exit 128A
- Using US-63 S get on US-54 W/US-63 S
- Using US-54 W/US-63 S get on US-50 E
- Using US-50 E get on US-63 S towards Rolla, MO

Driving from Columbia, Missouri (1 Hr, 45 Min)

- Take US-63 S to US-54 W/US-63 S
- Using US-54 W/US-63 S get on US-50 E
- Using US-50 E get on US-63 S towards Rolla, MO

Driving from Springfield, Missouri (1 Hr, 45 Min)

Take Interstate 44 East to Exit 184 to Rolla, MO

GRADUATE STUDENT SERVICES



MISSOURI SSI

Graduate Studies

SEMINARS & EVENTS

Seminars

Each fall and spring semester, the Office of Graduate Studies hosts the New Graduate Student Orientation. The purpose of this seminar is to provide information, answer questions, and guide new graduate students as they begin their graduate studies at Missouri S&T.

To attend the orientation, register <u>here</u>.

Events

The Office of Graduate Studies hosts several events each semester. From Thesis and Dissertation Writing Camps to professional development workshops, each event is catered to help our students achieve success in their graduate program at Missouri S&T.

See our full listing of upcoming events.

EDITING & WRITING SERVICES

The Office of Graduate Studies is pleased to provide <u>free editing services</u> to graduate students both currently enrolled and on-campus at Missouri S&T. You are invited to submit your paper to the editor (whether you're still working through the first draft of your document or putting the finishing touches on the final draft) who will work with you to help you produce the strongest communication possible.

GRADUATE FUNDING MANAGEMENT

For any assistance with funding management, questions, or problems, the Office of Graduate Studies has a Financial Manager on staff to help. Through email, phone, and/or one-on-one sessions, they are here to help you properly use all of the funding available to you.

FUNDING OPTIONS





GRADUATE FUNDING

Missouri S&T is proud to offer graduate teaching assistantships, graduate research assistantships and graduate assistantships. Students on these appointments will be considered in-state/Missouri residents. To learn how to apply for any of these positions, contact the graduate staff person in your department. Visit the <u>external funding</u> webpage for more information on funding opportunities outside the university.

Graduate Teaching Assistants

GTAs teach undergraduate courses in their discipline or assist with labs and teaching. The department usually awards these positions.

Graduate Research Assistants

GRAs perform research alongside a faculty member. The department or an individual faculty member may award these positions.

Graduate Assistants

GAs perform a combination of GTA and GRA duties.

Please visit the **Graduate Assistant funding** webpage for more information.

THE GAANN PROGRAM

The Graduate Assistance in Areas of National Need (GAANN) is a grant program sponsored by the United States Department of Education. This program provides fellowships through academic departments and programs of institutions of higher education to assist graduate students with excellent records who demonstrate financial need and plan to pursue the highest degree available in their course study at an institution in a field designated as an area of national need.

The award covers full tuition, gives resources to conduct research, and provides a stipend of up to \$34,000 (subject to change according to the U.S. Department of Education).

Eligibility Requirements:

- Be a U.S. citizen or permanent resident
- Demonstrate financial need (FAFSA)
- Be both academically strong and research-oriented
- Have strong GPA & GRE scores (90th percentile recommended)
- Be accepted into the department Ph.D. program providing the grant
- Meet individual departmental criteria for GAANN

Please visit the **GAANN** webpage for more information.

DINING, HOUSING, & SERVICES





A PLACE TO CALL HOME

Realtors and Rental Agencies in Rolla

Brown Rentals, LLC

603 Kingshighway

(573) 364-2787

Burrell Rentals

1019 Kingshighway, Suite 1

(573) 341-2444

Century 21 First Choice

603 Kingshighway

(573) 364-5050

EXIT Realty

2077 Old St. James Road

(573) 426-394

Investment Realty

1703 North Bishop Ave

(573) 364-8111

Williams Real Property, LLC

218 West 8th Street

(573) 202-6399

Local Landlords with Multiple Properties

ACE Property Solutions, LLC

1000 N Pine St, Suite A

(573) 364-2787

Dale Wands

dwands@fidnet.com

(573) 341-8388

Frueh Investments, LLC

11725 County Road 8070

(573) 308-6888

Green Bean Properties

1015 Kingshighway

(573) 201-3695

Larry Woolf Rentals

larryw@fidnet.com

(573) 465-3020

Other Individual Listings

Missouri S&T Rides and Roommate Connection Facebook Page

Student Life Roommate Listings

Rolla Classifieds

OVERNIGHT STAY ACCOMMODATIONS

Hotel Accommodations:

Baymont Inn & Suites

1801 Martin Springs Dr

(573) 364-7000 🎓



Comfort Suites

1650 Old Wire Outer Rd

(573) 368-4300 🞓



Holiday Inn Express

1610 Old Wire Outer Rd

(573) 308-1060 🎓



Pear Tree Inn

2006 N. Bishop Ave

(573) 364-4000



Super 8

1641 Martin Spring Dr

(573) 426-6688 🞓

Best Western Coachlight

1403 Martin Spring Dr

(573) 341-2511



1908 N. Bishop Ave

Budget Deluxe Motel

(573) 364-4488 🛜



♦ Wifi
 ♦ Breakfast

Econo Lodge

1417 Martin Spring Dr

(573) 341-3130 🎓



Hampton Inn

2201 N. Bishop Ave

(573) 308-1060 🞓



<u>Morningside Village — Extended</u>

Stay

1307 California Dr

(573) 465-4026

2001 N. Bishop Ave

(573) 364-1333



Rustic Motel

812 S. Bishop Ave

(573) 364-6943



Sunset Inn

Motel 6

1201 Kingshighway

(573) 364-4156



University Accommodations:

Overnight accommodations are available to visiting scholars, alumni, and guests of currently-enrolled students.

Residential Commons I & II — 2 and 3 bedroom guest apartments available for \$50.00/night* (minimum of three nights). Fully furnished; includes kitchen, bath, living room, laundry and linen. Contact Residential Life at (573) 341-4218.

Thomas Jefferson Hall — Guest rooms are available for \$25.00/night* (minimum of three nights). Extra long twin bed, bath and linen are provided. Reservations are managed at the front desk; call (573) 341-4895.

*Rates are subject to change at the discretion of Residential Life.

THE OFFICE OF GRADUATE STUDIES

CAMPUS DINING OPTIONS



DINING OPTIONS



ALEX'S PIZZA PALACE

122 W. 8th St. (573) 364-2669 📥 🏌

AMERICAN TACO COMPANY

1732 N. Bishop Ave., Suite D (573) 426-5550 **†**

DICKEYS BARBECUE PIT

1040 Kingshighway (573) 426-2271

DOMINOS PIZZA

1732 N. Bishop Ave (573) 364-7110 🔞 📥 🏌

DONUT KING

1809 N. Bishop Ave. (573) 341-3995 **(6)**

GIDDY GOAT COFFEE

704 N. Bishop Ave, Suite 2 (573) 426-6750 🏂

HOPPERS PUR

723 N. Pine Street (573) 426-2905 🕏

Imo's Pizza

632B S. Bishop Ave (573) 341-8484 🕹

JIMMY JOHN'S

1051 N. Bishop Ave (573) 341-9009 🏌 🔞 🚕

Koi Sushi and Hibachi

1808 N. Bishop Ave. (573) 426-5551 🕏

Los Arcos

1119 Kingshighway (573) 426-4388

LUCKY HOUSE

1119 Kingshighway (573) 368-5535 (1)

O'Doggy's

1005 N. Rolla St, Suite B (573) 201-0277 **†**

Panera Bread

1651 N. Bishop (573) 368-4499 📥 🏌

Papa John's Pizza

500 N. Bishop Ave. (573) 341-5500 (6)

PIZZA HUT

1024 Kingshighway (573) 364-7213

Public House Brewing Co.

600 N. Rolla St, Suite B (573) 426-2337 🏂

SIDNEY'S

707 N. Pine St. (573) 426-3707 🏂

SLICE OF PIE

634 S. Bishop Ave (573) 364-6203

SODA & SCOOPS ON ROUTE 66

819 N. Pine St (573) 578-0866 🛧

The Locker Room Sports Bar & Grill

609 Rolla St. (573) 426-5200 🏌

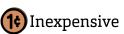
Purest Coffee

1007A N. Pine St (573) 426-3121 🏂

THE OFFICE OF GRADUATE STUDIES

GROCERY OPTIONS





























I-44 Surplus Discount Grocery



BANKING OPTIONS

Walking Distance from Campus













OTHER BANKS IN ROLLA





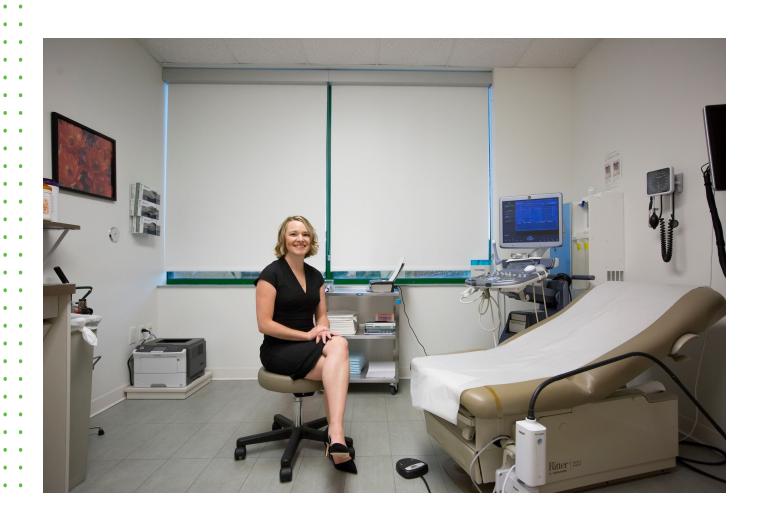




THE OFFICE OF GRADUATE STUDIES

HEALTH CARE





STUDENT HEALTH

For all NON-EMERGENCIES:

The Student Health Complex 910 W 10th St Rolla, MO 65409

Student Health is open Monday through Friday 8:00 AM to 4:30 PM and can be used for Urgent Care Services when open. FOR ALL EMERGENCIES see the emergency section.

Student Health offers:

- Allergy Injections
- STI Testing
- Well Woman Exam
- Vaccines
- Travel Consultations
- Orthopedic Clinic

These services are offered at little to no cost to students of Missouri S&T.

Please see <u>studenthealth.mst.edu</u> for more information on services, restrictions, and benefits.

EMERGENCY & OTHER SERVICES

FOR ALL EMERGENCIES:

Phelps Health Hospital Emergency Room 1000 West 10th Street Rolla, MO 65401 (573) 458-7800 24 Hours, 7 Days a Week Mercy Emergency Room 1605 Martin Springs Drive Rolla, MO 65401 (573) 458-6763 24 Hours, 7 Days a Week

OR

Call 911 or University Police at (573) 341-4300 or extension 4300 from any UNIVERSITY phone.

THE OFFICE OF GRADUATE STUDIES

Primary Care

For all primary care for non-students (such as family members), please visit:

Phelps Health Medical Group Rolla

600 Blues Lake Parkway

Rolla, MO 65401

Office/Appointments: (573) 364-8822 Hours: Monday-Friday 8:00AM—5:00PM

See <u>phelpshealth.org</u> for more locations and services.

OR

Mercy Clinic Family Medicine 1605 Martin Springs Drive Rolla, MO 65401

Office/Appointments: (573) 458-6763 Hours: Monday-Friday: 8:00AM—5:00PM

See mercy.net for more locations and services

Specialty Care

For all specialty care needs:

- Students: consult Student Health and acquire a referral to determine the best course of action
- Non-Students: consult Primary Care Physician and acquire a referral to determine the best course of action

Health Insurance Options

Refer to Student Health for all health insurance questions and concerns, including non-student coverage.

INTERNATIONAL STUDENTS: you are required to get Student Health Insurance through Student Health. More information found at <u>studenthealth.mst.edu</u>.

RECREATION & ACTIVITIES





RECREATION & ACTIVITIES IN ROLLA

4th Dimension

607 N. Rolla St (573) 426-4999

Kaleidoscope Discovery

612 N. Pine St (573) 308-9082

Popeye's Putt & Play

604 N. Pine St (573) 465-1493

Acorn Trail

Kokomo Joe's Family Center

10450 State Rt V (573) 341-5656 **S&T Mineral Display**

McNutt Hall (573) 341-4573

Audubon Trail Nature Center

550 Meriweather Ct

Lane Spring Recreation

Highway 63 S (573) 364-4621

Splash Zone Waterpark

14 & Holloway St (573) 364-8222

Ber Juan Park

Between 10th & 18th St (573) 341-2386

Leach Theatre

400 W. 10th St (573) 341-4219

Stonehenge Replica

N. Highway 63

Blue Bonnet Steam Train

Schuman Park (573) 364-4278 Lions Club Park

1061 S. Bishop Ave (573) 364-4386

The Centre

1200 Holloway St (573) 341-2386

Coachlite Lanes Bowling

1038 Kingshighway (573) 364-4124 Maramec Spring Park

21880 Meramec Spring Dr

(573) 265-7387

The Fugitive Beach

16875 County Road 5285

Forum 5 Cinema

1101 E. 18th St (573) 341-2418 Oak Meadow Country Club

10700 County Rd 3110 (573) 341-2363

The Zone

555 Blues Lake Pkwy

(573) 341-5700

Hands on STEAM Studio

908 N. Pine St (573) 324-7168 Ozark Actors Theatre

701 N. Cedar (573) 364-9523

THE OFFICE OF GRADUATE STUDIES

WEATHER





SEASONS OF ROLLA

Summer

Temperature can range from 80°F—100°F (27°C—38°C) in the day to around 70°F (21°C) through the night. Humidity is normally 50%—100%. Hot sunny days, rain showers, thunderstorms, or severe thunderstorms are possible (refer to severe weather page for safety instructions).

Fall

Temperature can range from 40°F—80°F (4°C—27°C) thorugh the day and 30°F—60°F (0°C—16°C) through the night. Humidity is normally 50%—100%. Thunderstorms or severe thunderstorms are possible (refer to severe weather page for safety instructions).

Winter

Temperature can range from 10°F—35°F (-12°C—2°C) through the day and can drop as low as –5°F (-21°C) in the night. Humidity varies depending on the forecast, which when low will feel colder and when high will feel warmer. Snow fall can reach up to 6 inches (15 cm) with the record at around 12 inches (30 cm). Ice is more troublesome, as this causes slippery road and sidewalk conditions (refer to snow and ice page for safety instructions).

Spring

Temperature can range from 40°F—70°F (4°C—21°C) through the day and can drop as low as 30°F (-1°C) in the night. Humidity will start to reach 50%—100% as the season goes on. Snow and ice are still possible with severe storms, and tornadoes, are also possible (refer to snow and ice page as well as the severe weather page as needed). Rain showers, sunny days, and/or overcast days are more common.

SEVERE WEATHER GUIDELINES

Please refer to these pages and local news in order to stay safe in severe weather.

Watches vs Warnings

Severe Thunderstorm Watch — issued when severe thunderstorms are <u>possible</u> in and near the watch area. It does not mean that they will occur.

Severe Thunderstorm Warnings — issued when severe thunderstorms are occurring or imminent in the warning area.

A Tornado Watch — issued when severe thunderstorms and tornadoes are <u>possible</u> in and near the watch area.

A Tornado Warning — issued when a tornado is imminent. When a tornado warning is issued, seek safe shelter immediately.

SEVERE THUNDERSTORMS DO NOT MEAN TORNADOES.

What to Do in a Severe Thunderstorm

During a thunderstorm watch, seek shelter as soon as you can. Avoid sheds and storage facilities.

During a thunderstorm warning, seek shelter immediately. DO NOT seek shelter under a tree, as it could fall on you and put you at greater risk of being struck by lightning. If in a vehicle, remain inside the vehicle and try to drive to the closest secure structure for shelter if there is sufficient time.

What to Do in a Tornado

During a tornado watch, seek shelter immediately. Listen/watch local news for updates.

During a tornado warning, move to a low lying/interior/basement room or a building made of material such as stone and brick. Go to tornado shelters if available. ALWAYS cover your head and neck area, avoid windows, and DO NOT GO OUTSIDE.

If no physical shelter is available (such as in your car), try to get to the closest shelter, get low in your vehicle and cover your head/neck, or abandon your vehicle and seek a ditch or ravine if available.

For more information, please visit weather.gov/safety

Emergency Alert Systems

Missouri S&T uses a RAVE Alert System in order to warn students, faculty, staff, and others on campus of emergencies on or near the S&T campus. Learn more about types of alerts and sign-up to receive them at https://mstalert.com/about-emergency-alerts/

Feel free to also follow the <u>Phelps County Emergency Management Facebook Page</u> to receive broad alerts for the Rolla, MO area.

Snow & Ice Guidelines

Please refer to these pages and local news in order to stay safe in winter weather.

Key Terms

Freezing Rain—rain that freezes when it hits the ground, creating a coating of ice on roads, walkways, trees and power lines.

Sleet—rain that turns to ice pellets before reaching the ground. Sleet also causes moisture on roads to freeze and become slippery.

Wind Chill—a measure of how cold people feel due to the combined effect of wind and cold temperatures; the <u>wind chill index</u> is based on the rate of heat loss from exposed skin.

Black Ice—patchy ice on roadways that cannot easily be seen. It is often clear (not white) with the black road surface visible underneath.

Advisories

Winter Weather Advisories—issued when snow, blowing snow, ice, sleet, or a combination of these wintry elements is expected, but conditions should not be hazardous enough to meet warning criteria. Be prepared for winter driving conditions and possible travel difficulties. Use caution when driving.

For all other winter advisories, watches, and warnings please visit weather.gov/safety/winter-ww

What to do During Inclement Winter Weather

Monitor your S&T email as to whether the university will close due to the weather forecast. Remain indoors as much as possible. Only go outside if absolutely necessary. If going outside, wear multiple layers as well as a hat and gloves.

If inclement winter weather is forecast, it is advised to stock up on basic groceries. Drive with extreme caution due to icy road conditions. Overpasses and bridges are the first to freeze. Walk carefully on sidewalks and concrete. If you fall, drop everything in your hands so you are able to catch yourself.

For more information, please visit weather.gov/safety

SCHOOLS & CHILD CARE





SCHOOLS IN ROLLA

Public Schools



Rolla Public School System rolla.k12.mo.us

Find new student registration here

Private Schools



St. Patrick's Catholic School school.stpatsrolla.org

DAYCARE AND BABYSITTERS

Babysitting

Care.com for babysitting

Daycare

Child care center options (preschools & daycare)

THE OFFICE OF GRADUATE STUDIES

YOUR FUTURE STARTS TODAY

MISSOURI SET

Graduate Studies

